## Largest CPR Training session in the World at Saveetha University, Chennai on 7.4.2016

Largest CPR training session in the World was organized by Saveetha University, Thandalam, Chennai on 7.4.2016. Over 30,000 participants attended the event. Over 300 Students along with Faculties from SCSVMV University attended the event.

## Some of the highlights in the event:

Cardiopulmonary resuscitation (**CPR**) is a lifesaving technique useful in many emergencies, including heart attack or near drowning, in which someone's breathing or heartbeat has stopped.

## Some of the steps to be followed in CPR are:

- 1. Check the patient condition.
- 2. Next bring the patient to safe place and ensure that the patient is feeling ok. If not, then call to Ambulance.
- 3. Then check the pulse or check the coronary pulses which are in the left side of the neck.
- 4. Then, give 30 pumps in middle of the chest and tilt the head and chin slightly above.
- 5. Give two breathe to the patient to feel breathe easily and then take the patient to near-by hospital.
- 6. Follow 30:2 ratio during the CPR process.

Dr.Sridhar, Medical Centre, SCSVMV along with NSS Wing of SCSVMV Coordinated the entire work.